

The Truth About Carpal Tunnel Syndrome Finding Answers Getting Well

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[The Truth About Carpal Tunnel Syndrome Finding Answers Getting Well](#)

In her new book "The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well," author, speaker and accomplished screenwriter Jill Gambaro not only knows from personal experience that carpal tunnel symptoms should NOT be ignored but has also provided legal, legislative, medical, workers' comp, and psychological insights on how to keep these symptoms from impacting your quality of life and sense of self-esteem.

[The Truth about Carpal Tunnel Syndrome: Finding Answers ...](#)

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[The truth about carpal tunnel syndrome : finding answers, getting well. \[Jill Gambaro\] -- "The truth about carpal tunnel syndrome is a compelling patient account of this controversial injury. Using layman's terms, the book describes why it's so difficult to treat, how the author learned ...](#)

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[This is how you get carpal tunnel syndrome | Edward ...](#)

[Carpal Tunnel Syndrome affects over 60 million people worldwide. Many people refer to the syndrome as just "Carpal Tunnel". But the truth is this term, "Carpal Tunnel", refers to an important part of the human anatomy. It is located at the base of the hand, just above the wrist between the two largest muscles of the hand.](#)

[Carpal Tunnel & RSI: Finding Ancb: Finding Answers ...](#)

[The carpal tunnel is a narrow passage through the bones and ligaments of the wrist. It protects a main nerve leading to the hand and the tendons that bend the fingers. In carpal tunnel syndrome...](#)

[Hypothyroidism: Can it cause peripheral neuropathy? - Mayo ...](#)

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[Don't delay treatment for carpal tunnel syndrome - Harvard ...](#)

[Carpal tunnel syndrome is one of the most common "repetitive trauma" claims in the workers' compensation world, ... and fingers, as well as weakness in your hands, ... We will evaluate your ...](#)

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[Carpal Tunnel Symptoms. What are some of the more common symptoms of carpal tunnel syndrome, and how can the proactive patient resolve or alleviate them? Common CTS symptoms include pain and numbness in the fingertips, hands, and forearms, coldness in the extremities, poor circulation in the extremities, aching and tingling in the neck, shoulders, and thoracic area, and in the later stages, a ...](#)

[Carpal tunnel syndrome - Wikipedia](#)

[This company offers a program on a DVD which is designed to help with carpal tunnel syndrome and/or pain caused by repetitive stress. Their product is sold through the internet.](#)

[The Truth About Carpal Tunnel Syndrome eBook por Jill ...](#)

[The truth is, "Carpal Tunnel Syndrome" is a catchall term for almost any form of hand or wrist pain caused by that compression on your nerve. That means terrifying medical intervention treatments are on the table for almost anyone who seeks medical attention for the pain. I almost learned that the hard way.](#)

[Does pressure on your median nerve cause carpal tunnel ...](#)

[Carpal tunnel syndrome has a wide number of causes, it can occur due to the nature of your occupation, ... then you might well get rubbing in the carpal tunnel that can create inflammation due to a repetitive stress injury, ... If the answer is yes, you may need to find someone who can point you in the right direction, or medication to deal ...](#)

[Conditions that Mimic Carpal Tunnel Syndrome » Scary Symptoms](#)

[If you're having a hard time gripping objects with your hands, it may be a sign of carpal tunnel syndrome, a pinching or compressing of the narrow passageway on the palm side of your wrist. Other signs to look out for include pain or numbness in the hands, a swollen feeling in the fingers, and a burning or tingling sensation.](#)

[Why Don't Kids Who Use Computers Get Carpal Tunnel Syndrome?](#)

[The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well \\$41.00 Carpal Tunnel Symptoms and Treatments: All about Carpal Tunnel Syndrome Causes, Diagnosing, Symptoms, Signs, Non-Surgical and Surgical Treatments. Alt](#)

[The Reality of Carpal Tunnel Syndrome | Mercy Health Blog](#)

[Carpal Tunnel Syndrome. Carpal tunnel occurs when pressure on the median nerve \(a nerve that passes through wrist\) causes pain, numbness, and weakness in the hand.](#)

[Carpal tunnel syndrome is best - healthyanswers.com](#)

[It can help diagnose carpal tunnel syndrome, and, as with EMG, it takes about 10 minutes and may be uncomfortable, but does not cause severe or lasting pain. Atrophy When a muscle is not used as much as it should be, as in carpal tunnel syndrome, it can become smaller and weaker. This is described as atrophy.](#)

[Carpal Tunnel Syndrome | UW Orthopaedics and Sports ...](#)

[Carpal tunnel syndrome \(CTS\) is a condition in which the median nerve is compressed as it passes through an opening from the wrist to the hand called the carpal tunnel. The carpal tunnel is about 1½ inches long and is located at the base of the hand near the wrist. It is bordered on three sides by ...](#)

[Can Guitar Playing Cause Carpal Tunnel? | Making Music ...](#)

[Small carpal tunnels may run in families, so if your parent had carpal tunnel syndrome, you are at an increased risk of getting it. It is also more common in women \(again, perhaps because of smaller size\), pregnant women, and older adults. Other medical conditions can also trigger carpal tunnel syndrome, including rheumatoid arthritis, thyroid ...](#)

[8. Which of the following physiological symptoms are signs ...](#)

[Injuries, and More The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well Natural & Herbal Remedies for Carpal Tunnel Syndrome: Storey Country Wisdom Bulletin A-245 The Natural Treatment of Carpal Tunnel Syndrome Carpal Tunnel Syndrome: A Guide to Daily](#)

[The Cold Truth About Raynaud's – Penn Medicine](#)

[Carpal tunnel syndrome is often the result of a combination of factors that increase pressure on the median nerve and tendons in the carpal tunnel instead of a problem with the nerve itself. The disorder is usually due to a congenital predisposition; the carpal tunnel is simply smaller in some people.](#)

[Finding the Right Doctor for Carpal Tunnel Release Surgery](#)

[Carpal tunnel syndrome is common and caused repetitive movement wrist movement. Treatment can be enhanced by by adding simple nerve and joint gliding techniques. Rotator Cuff Impingement Occipital Neuralgia Hand Surgery Median Nerve Self Treatment Carpal Tunnel Syndrome Central Nervous System Hip Pain.](#)